



FACT SHEET

CALIFORNIA ACCESS TO RECOVERY EFFORT

The treatment data in this fact sheet are based on admissions and discharges from publicly funded and/or monitored treatment services in California during state fiscal year 2008/09 as reported in the California Outcome Measurement System-Treatment (CalOMS-Tx), unless otherwise noted.

Background

Since 2004, the Department of Alcohol and Drug Programs (ADP) has administered an Access to Recovery (ATR) grant from the federal Substance Abuse and Mental Health Services Administration. ATR is an initiative to allow people in need of substance use treatment to make individual choices that reflect their personal needs and values on their path to recovery. The California Access to Recovery Effort (CARE) program is the state's implementation of the federal ATR grant.

Historically, California lacked resources for youth substance use services, so CARE initially focused exclusively on youth (12 to 20 year olds). In 2010, CARE expanded to also serve young service members (through age 25) to help them access substance use services.

CARE provides (virtual) vouchers for substance abuse services to eligible youth and service members/veterans who reside in one of five target counties (Butte, Los Angeles, Sacramento, Shasta, and Tehama). Once evaluated by an ADP-approved assessment provider (sites and mobile clinicians), clients are issued vouchers and they choose their service provider(s) from a variety of ADP-approved organizations, including faith-based and grassroots organizations.

Services

CARE offers outpatient treatment, short-term residential treatment, and recovery support in a variety of settings. Clinical services include screening and assessment, case management, individual and group counseling, individual family therapy, education sessions, drug testing, and telephonic continuing care. Recovery support services include employment and educational services, therapeutic and structured recreation, peer coaching, spiritual coaching, and transportation.

Since 2005, the CARE program has provided services to approximately 19,000 individuals. A network of diverse providers has successfully partnered to offer evidence-based service models that improve and sustain positive life changes. Data collected shows the following positive rates of change among clients between intake and a six-month follow up:

- Abstinence from alcohol/drugs – 88%
- No negative health, behavioral, or social consequences related to substance use – 33%
- Improved social connectedness – 14%
- Stable housing – 6%
- No criminal involvement – 4%

For more information about the CARE program and details on how to participate, visit the CARE website at www.californiacares4youth.com, or contact the call center at (866) 350-8773.